



*Come into
His presence
with thanksgiving.*



*Psalm*s

*A Journal of
— Praise & Thanksgiving —*

The Ladies of Marion Avenue

A 40-Day Guide to a Joyous Life

Welcome to the Journey!

The definition of PRAISE is: 'to express warm approval or admiration of'. As we begin this Praise Journey together over the next forty days, my prayer is that you and I will develop a greater 'admiration and warm approval' of HIM than we ever have before.

Praise is focusing on what God IS to us. Thanksgiving is focusing on what God DOES for us.

'Through God we shall do valiantly,' - Ps. 60:12

Reminders:

1. Ask God to show you something each morning before you read. Always have a pen ready! It's amazing how He always gives us just what we will need for each specific day!
2. Underline or circle every attribute or description of God. This is literally a Book of Praise. The Psalmists give us wonderful examples of how to praise God!

Praise is a weapon of war against the enemy of our soul. Our adversary is watching and wanting to destroy us every day. Prepare for victory as we arm ourselves with Spiritual weapons of warfare!

I believe we can and will see our entire walk with God drastically change as we enter into His presence with praise and thanksgiving.

I'm so excited to be doing this journey with you!

Mrs. Charity Brown

Name

Day 1 | November 1, 2020
Today's Passage: Psalms 1-5

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

Psalm 5:11 - But let all those that put their trust in thee rejoice: let them ever shout for joy, because thou defendest them.

"Fight your battles on your knees and you're guaranteed to win."

"Lord, I praise you for being my Defender, thank you for being trustworthy and never letting me down. Help me to trust You more."

Day 2 | November 2, 2020
Today's Passage: Psalms 6-10

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

*'What if you woke up today with only the things you thanked God for yesterday?'
Write something you have not thanked God for in a long time.*

'Lord, may I be grateful today for the blessings that I often take for granted. Thank you for blessing me with _____ and please forgive my ingratitude for this.'

Day 3 | November 3, 2020
Today's Passage: Psalms 11-16

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

*Psalms 12:6 and 7 reminds us that His words are p_____ and
p_____ forever.*

'Lord, thank you that You have given me a Book I can trust. Thank you that every word in it is pure and perfect and will be preserved forever. May I never take that lightly.'

Day 4 | November 4, 2020
Today's Passage: Psalms 17-20

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

Psalms 18 says 'He d_____ me because he
d_____ in me.' I am not loved by God because I'm valuable. I
am valuable because I'm loved by God.

'Lord, thank You that I am precious in your sight. I love that You delight in me!
Help me to delight more in You today.'

Day 5 | November 5, 2020
Today's Passage: Psalms 21-25

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

Underline three pre-determined choices that David had decided in Psalm 23.
Hint: (look for 'shall' and 'will')

Decide some things BEFORE you have to decide. If you wait until the moment of
temptation or the valley of decision, your heart will always lead you astray.
'Lord, I praise you for being my Shepherd. Thank you that You are always leading
me and I have no fear as I follow You.'

Day 6 | November 6, 2020
Today's Passage: Psalms 26-30

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

Psalm 27:6 - Wait on the LORD: be of good courage, and he shall strengthen thine heart: wait, I say, on the LORD.

They that wait upon the Lord will always find that it's worth the wait.

"Lord, I praise You for being in control and for always having a master plan for my life. Help me to be 'careful for nothing' today but to fully rely and wait on You and Your perfect timing."

Day 7 | November 7, 2020
Today's Passage: Psalms 31-34

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

Write the verse that spoke to you today and explain why:

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Psalm 32:8 'I will guide thee with mine eye.'

'Never be afraid to trust an unknown future to a known God.' - Corrie Ten Boom

'Lord, I praise you for being my Guide, even in uncertain times. Please help me to stay focused on Your face today so that you can guide me with Your eye.'

Day 8 | November 8, 2020
Today's Passage: Psalms 35-37

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

In Psalm 37:2, what is promised to become of evildoers? _____.
In contrast, what is promised to those who delight in the Lord? (Ps. 37:4)
_____. The wheels of God's wrath turn
very slowly but make no mistake, they are turning. (Gal. 6:7)

'Lord, I praise You for being a Righteous Judge. Thank you for always rewarding those who do right. Please help me not to be an evildoer or to be envious of the workers of iniquity.'

Day 9 | November 9, 2020
Today's Passage: Psalms 38-41

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

Psalm 40:5 reminds us that His blessings on us are more than can be numbered. List 5 blessings in your life that you have already enjoyed today.

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'Lord, thank you for being a God who blesses us exceedingly, abundantly above all that we could ever ask or think. I praise You for being such a bountiful God of blessings.'

Day 10 | November 10, 2020
Today's Passage: Psalms 42-45

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

Which verse is repeated 3 times in Psalm 42 and 43?

(Psssst..don't look now, but your countenance is showing.) Sunshine in the soul is always reflected on the face. If you're happy, notify your face!

'Lord, I praise You for being the health of my countenance. Please help Your joy and hope to always be evident on my face.'

Day 11 | November 11, 2020
Today's Passage: Psalms 46-51

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

In Psalm 51, what type of heart will God not despise? _____

'Lord, thank you for being a God who delights in humility. I praise You for your never-ending mercies that You always show me when I come to you in brokenness. May I show this same mercy to others who have done me wrong.'

Day 12 | November 12, 2020
Today's Passage: Psalms 52-58

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

List the promise of God that is found in Psalm 55:22 _____
Any concern too small to be turned into a prayer is too small to be made into a burden. - Corrie ten Boom

'Lord, thank you for being a God who always cares about my burdens, regardless of how big or small they are. I praise You for being my Sustainer. Please help me to give all my cares and burdens to You today.'

Day 13 | November 13, 2020
Today's Passage: Psalms 59-64

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

Psalm 61:5 'Thou hast given me the heritage of those that fear Thy name.' Write three names of those who have passed on a Godly heritage to you. (Parents, pastors, teachers, Spiritual mentors)

'Lord, thank you for giving me a Godly heritage. Please help me to live in such a way that I will leave a legacy that lasts far beyond the length of my life.'

Day 14 | November 14, 2020
Today's Passage: Psalms 65-68

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

Psalms 68:19 'Blessed be the Lord who daily loadeth us with benefits.'

List some of the benefits God has loaded you with recently.

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Focus on the good and the good gets better. This is true in every aspect of life.

'Lord, thank you for ALL the benefits that You load upon me each day. Please help me to stop and take notice of each one as they come from You.'

Day 15 | November 15, 2020
Today's Passage: Psalms 69-71

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

Psalms 71:8 reminds us that our mouth should be filled with what all day?

There is no room for negativity in a mouth that is filled with praise. Never underestimate the power of our words. "The greatest form of prayer is praise to God."

'Lord, today I thank You for giving me a mouth to speak. May I use it wisely, to bring praise and honor to You. Please deliver me from using my mouth in a negative way today.'

Day 16 | November 16, 2020
Today's Passage: Psalms 72-76

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

Psalm 73:17 - 'Until I went _____; THEN understood I their end.' Church attendance is as vital to a Christian as a transfusion of rich, healthy blood to a sick man. - D. L. Moody. Being in the sanctuary of God and often exposed to truth from God's Word puts everything back into perspective.

'Lord, thank You for the church you have given me. Thank you for how it gives me the right perspective in life. Help me to wisely see the end results of the foolish.'

Day 17 | November 17, 2020
Today's Passage: Psalms 77-78

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

Circle each time a generational reference is made in Psalm 78. (Look for 'fathers', 'children', 'generation to come!') Think of someone who invested in you as a child. Think of a child you could now invest in.

'Lord, thank you for those who have gone before us and showed Your wonderful ways to my generation. Please help me to pass on a love for You to the next generation to come.'

Day 18 | November 18, 2020
Today's Passage: Psalms 79-83

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

What verse did God use to speak to you today?: _____
Psalm 81:10 'Open thy mouth wide and I will fill it.' Expect great things from God.
Attempt great things for God. - William Carey

'Lord, I praise You for being able and willing to do great things through me, in spite of me. Please give me a greater vision and use my life to accomplish something impactful for eternity.'

Day 19 | November 19, 2020
Today's Passage: Psalms 84-87

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

Psalm 84:11 'no good thing will he withhold from them that walk uprightly.' God always gives His best to those who leave the choice with Him. - Jim Elliott

'Lord, thank you for always having our best interest in mind. I praise You that you do ALL things well!'

Day 20 | November 20, 2020

Today's Passage: Psalms 88-89

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

Psalm 89:15 - 'Blessed is the people who know the joyful sound.'

"We have heard the joyful sound, Jesus saves!" Who was responsible for telling you about that 'joyful sound' of salvation? _____

Have you thanked them recently?

'Lord, I praise you for being my Savior. Thank you for the indescribable gift of salvation. Forgive me for taking it for granted so often.'

Day 21 | November 21, 2020

Today's Passage: Psalms 90-95

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

Psalm 92:13 & 14 - Those that be planted in the house of the Lord shall flourish...they shall still bring forth fruit in old age.'

Faithfulness isn't measured in years, it's measured in decades. - Dr. Wendall Evans. Don't worry about being a great Christian. Just be a faithful one. Anyone can do that. - Dr. David Gibbs

'Lord, I praise you for your faithfulness. Thank you for the faithful Christians in my life. Please help me to be one.'

Day 22 | November 22, 2020
Today's Passage: Psalms 96-101

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

Psalm 101:6 - Mine eyes shall be upon the faithful of the land.

You'll see whatever you're looking for in life. If you want an overview of the land, don't ask a buzzard. They're only seeing what's dead and decayed.

'Lord, thank you that there is still a righteous remnant of Christians today - please help me to keep my eyes on the faithful and not get sidetracked.

Day 23 | November 23, 2020
Today's Passage: Psalms 102-104

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

Think of two attributes of the Lord mentioned in Psalm 103 and thank Him for them.

Am I exemplifying these same qualities in my life?

'Lord, thank you for _____ and _____.
Please help me to be a reflection of you and show these to others.'

Day 24 | November 24, 2020

Today's Passage: Psalms 105

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

How many Old Testament men of God are referenced in Psalm 105? _____
Think of the similarities in each of their lives and those of Jesus' while He was on Earth.

'Lord, thank you for the examples of men and women just like me found all through the Bible. Thank you that you are willing to use me, just as you did them! May I be used of you today.'

Day 25 | November 25, 2020

Today's Passage: Psalms 106

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

How are we often like the children of Israel in Psalm 106? Underline the times 'nevertheless' is found. See why they're there. Seeds of discouragement cannot grow in a thankful heart. When we soon forget (vs. 13 and 21) the mighty works of God in our life, we will quickly become discouraged.

'Lord, thank you for all the times you have worked and moved in my life in spite of me. Please deliver me from spiritual amnesia and help me to remember your mighty works!'

Day 26 | November 26, 2020

Today's Passage: Psalms 107

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

Happy Thanksgiving!! Find and circle the verse that is repeated FOUR times in this chapter!! God must have reeeally wanted it to be emphasized!

'Lord, I praise You for your goodness to me. Thank you for ALL your wonderful works in my life.'

Day 27 | November 27, 2020

Today's Passage: Psalms 108-110

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

Write out today's key verse and how it can be applied in your life today.

Day 28 | November 28, 2020
Today's Passage: Psalms 111-114

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

*Psalm 115:15 - Ye are blessed of the Lord which made Heaven and Earth.
Being rich is a state of mind. True wealth lies not in having great possessions
but in having few wants. 'Godliness with contentment is great gain.'*

*'Lord, thank you for ALL your blessings on me! Please make me truly satisfied and
contented with what You have given me.'*

Day 29 | November 29, 2020
Today's Passage: Psalms 115-118

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

Psalm 116:1 'I love the Lord because _____.

*I want to live my life in such a way that when I get to Heaven, I'll say, 'I love you,
Lord! And He'll say, 'I know you did!' - Pastor Maury Gibson*

*'Lord, I love you because' (you fill in the rest)
How the Lord delights to hear us express our love for Him!*

Day 30 | November 30, 2020
Today's Passage: Psalms 119:1-40

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

Psalm 119:37 - 'Turn away mine eyes from beholding vanity.' Pride slays thanksgiving, but a humble mind is the soil out of which thanks naturally grow. A proud man is seldom a grateful man, for he never thinks he gets as much as he deserves." - Henry Ward Beecher

'Lord, thank you for being such a perfect example of humility when you humbled yourself and become obedient unto death! Please deliver me from pride today and help me to realize how truly undeserving I am of all You have done for me.'

Day 31 | December 1, 2020
Today's Passage: Psalm 119:41-96

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

Psalm 119:65 'I am a companion of all them that fear Thee.'
You are or soon shall be who your friends are. - Pastor Larry Brown

'Lord, thank you for being a Friend that sticks closer than a brother! Thank you for the true friends you have given me. Please help me to be a companion of those that fear Thee.'

Day 32 | December 2, 2020
Today's Passage: Psalms 119:97-136

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - 1. Peter 5:7

Moment of Meditation

Name one of the things (found in verses 97-136) that God's Word will do for us:

'Lord, thank you that I have the Truth. Thank you for giving us your Word. Thank you for the innumerable blessings that come when we delight in Your Word. Help me delight in it more!

Day 33 | December 3, 2020
Today's Passage: Psalm 119:137-176

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - 1. Peter 5:7

Moment of Meditation

Today's key verse:

What it means to me:

Day 34 | December 4, 2020
Today's Passage: Psalms 120-126

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

Psalm 126:2 - Then said they among the heathen, The Lord hath done great things for them. When the world looks at me, would this be what they think and say? We are the only Bible someone will ever read. We are the only Jesus someone will ever see. Would they want what I have?

'Lord, I praise You for being the Joy-giver. I thank you for joy unspeakable! Please help me to remember to show your joy to the lost world around me each and every day.'

Day 35 | December 5, 2020
Today's Passage: Psalm 127-133

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

Psalm 133:1 - Behold, how good and how pleasant it is for brethren to dwell together in unity. The best way to get rid of an enemy is to turn them into a friend. Is there anyone I am not right with or that might have something against me? People are lonely because they have built walls instead of bridges. May we be bridge builders!

'Lord, thank you for sweet harmony and unity in my life and church. Please help my speech to always be seasoned with grace so that I do not offend. May I truly love your law so that nothing offends me.'

Day 36 | December 6, 2020
Today's Passage: Psalms 134-136

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

What does God want me to know about Himself in chapter 136?

'Lord, I praise You for being merciful! Thank you for showing me mercy when I least deserved it. Please help me to put on 'bowels of mercy' with others today.'

Day 37 | December 7, 2020
Today's Passage: Psalm 137-140

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

Psalm 139:14 - I will praise thee for I am fearfully and wonderfully made. Just be YOU - everyone else is taken! God made you just how He wanted you. Wishing it to be otherwise is a great way to torture yourself. Comparison is the thief of joy. - Theodore Roosevelt

'Lord, I thank you for making me just how you wanted. Thank you that I am precious in your sight! Help me to be contented with how you created me.'

Day 38 | December 8, 2020
Today's Passage: Psalms 141-144

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

Psalm 141:3 'Set a watch, O Lord, before my mouth. Keep the door of my lips.'
The soul that gives praise can find comfort in anything. The soul that complains can find comfort in nothing.

'Lord, thank you for a mouth that can talk, smile, taste. Please keep the door of my lips so it will be used only for what is pleasing to You.'

Day 39 | December 9, 2020
Today's Passage: Psalm 145-149

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - I. Peter 5:7

Moment of Meditation

In chapter 147, what does God have numbered and even named? God not only created each one and numbered each one, but He even took time to give each one a name! How much more does He care about me, His most valued Creation?

'Lord, I praise You as the Creator of ALL things! Thank you for the beauty of the Heavens you made! Thank you for paying attention to me, and for caring about my every need.'

Day 40 | December 10, 2020

Today's Passage: Psalms 150

Praise

Let every thing that hath breath praise the LORD. Praise ye the LORD. - Ps. 150:6

Thanksgiving

Enter into His gates with thanksgiving, and into His courts with praise: - Ps. 100:4

Forgiveness

If I regard iniquity in my heart, the Lord will not hear me. - Ps. 66:18

Intercessory Prayer for Others

Bear ye one another's burdens, and so fulfil the law of Christ. - Galatians 6:2

Personal Burdens

Casting all your care upon him; for he careth for you. - 1. Peter 5:7

Moment of Meditation

Underline and count how many times 'Praise' is mentioned in these six verses.

What is his last command to us as He is closing out the book of Psalms?

40 Day Overview of Psalms

What's the main theme that stood out to me as I read through Psalms?

My favorite chapter: _____

My favorite verse: _____

The attributes of God most frequently mentioned were:

1. _____

2. _____

3. _____

As I read through Psalms, it challenged me to become more like Christ by _____

My prayer after reading through this Book of Praise:
