

# ★ As I Have Done to You

1st - 3rd Grade  
Lesson 6

## The Example of Christ

Today we will look at three things Jesus did as an example for us. He asks us to be like Him and do these three things.

People in Jesus' day usually wore sandals. They walked on dusty roads. Their feet got very dirty. If you went to a friend's house, a servant would wash the dust off your feet. In this lesson, we find Jesus washing the feet of His disciples.

One of them asked Jesus why He was doing that. He was their Lord. The servants were supposed to wash their feet, not Jesus. Read what Jesus said to them:

*Ye call me Master and Lord: and ye say well; for so I am. If I then, your Lord and Master, have washed your feet; ye also ought to wash one another's feet. For I have given you an example, that ye should do as I have done to you.*

—John 13:13-15

### As I Have Done: An Example of Servitude

Jesus wanted to teach the disciples to serve others. Washing someone's dirty feet was not fun. But Jesus did it to teach us to serve others. John 13:16-17 says,

*Verily, verily, I say unto you, The servant is not greater than his lord; neither he that is sent greater than he that sent him. If ye know these things, happy are ye if ye do them.*

Did you notice the word *happy* in that verse? Jesus said that the way to be happy is to be a servant to others. How can you serve someone else? Maybe you could help your little brother or sister put away toys. Or you could help your mom or dad in some way. How about raking the leaves for your neighbor or helping clean your church building? You'll find that Jesus is right: it makes you happy to help someone else.

### As I Have Loved: An Example for Identification

*A new commandment I give unto you, That ye love one another; as I have loved you, that ye also love one another.*

—John 13:34

Aren't you glad Jesus loves you? He loves you no matter who you are and no matter what you have done. He wants you to love others because He loves them.

Jesus helped people even when He didn't feel like it. He was hungry when He stopped at the well in Samaria with His disciples. He sent the disciples to buy food, but He stayed and talked to the woman at the well. Because He did, she believed in Him and was saved.

Jesus was so tired when He was in the ship with the disciples that He fell sound asleep. They woke Him up because they were afraid of the storm. So He got up and told the winds and waves to be still.

Another time, Jesus and the disciples went to a mountain to get some rest. But many people followed them. So Jesus taught them and healed many of them. He also fed them when they were hungry.

Jesus didn't come to earth to be served or to be given gifts. He came to help us by dying for our sins.

### **As I Have Kept: An Example of Obedience**

*If ye keep my commandments, ye shall abide in my love; even as I have kept my Father's commandments, and abide in his love.*

—John 15:10

One of the first lessons we must learn is to obey. We must obey our parents and teachers. But most of all, we must obey God. Jesus is our best example of obedience. He came to this sinful earth and allowed Himself to be beaten, spit on, and crucified. He didn't have to do that. He could have said no. But He did what God asked Him to do. Because He did, we can be saved and have a home in Heaven.

Jesus gave us these three examples, and He asks us to be like Him. Will you follow His example?

*For I have given you an example, that ye should do as I have done to you.*

—John 13:15

## **Teacher's Notes**

---

---

---

---

---

---

---

---

---

---